



Phase 4 COVID 19 Customer Guidelines and Responsibility with Illness

This is a clarification for the guidelines that the state of Illinois has issued for Youth Sports During Phase 4. The following is directly from the guidelines.

<https://dceocovid19resources.com/assets/Restore-Illinois/businessguidelines3/youthsports.pdf>

CUSTOMER BEHAVIORS

i. Minimum guidelines

1. Activity sessions held by appointment only (e.g. no walk-ins, no pick-up games)
2. Before participating in the sport, instructors should ask whether participant is currently exhibiting COVID-19 symptoms. If a participant does have symptoms, they should wait to enter premises until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared, and after afebrile and feeling well (without fever-reducing medication) for at least 72 hours OR has 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart

WHAT THIS MEANS...

DO NOT SEND YOUR ATHLETE TO PRACTICE IF THEY ARE SHOWING 2 OR MORE SYMPTOMS OF COVID-19 OR IF THEY HAVE A FEVER OF ABOVE 100.4
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

IF THE ATHLETE CANNOT COME TO PRACTICE DUE TO THE ABOVE CONDITIONS, YOU HAVE TWO OPTIONS

1. CANNOT RETURN TO PRACTICE FOR MINIMUM 10 DAYS, WITH SYMPTOMS IMPROVED AND NO FEVER FOR LAST 72 HOURS OF THOSE 10 DAYS (WITHOUT FEVER-REDUCING MEDICATION)

OR

2. A DOCTORS NOTE APPROVING AND CONFIRMING ALLOWANCE BACK TO PRACTICE.

Please abide by these Illinois State Guidelines as we navigate our way into Phase 4.