

2008 Cupid's Twist Invitational February 15 – 17, 2008

This is the preliminary schedule for the 2008 Cupid's Twist Invitational held at the Spartan Events Center at Elgin Community College. Although session start times may change, session assignments should not. Please check the website (www.stcharlesgymnastics.com) prior to the meet.

Friday, February 15, 2008

Session 1A – Open

Session 1B – Level 4

- 5:00 PM: General Stretch
 5:30 PM: Timed Warm-ups
 6:40 PM: Competition
 9:00 PM: Awards
- American Institute
 - Premier
 - Energym
 - St. Charles
 - Flying High

Saturday, February 16, 2008

Session 2A – Level 8

- 8:00 AM: General Stretch
 8:30 AM: Timed Warm-ups
 9:30 AM: Competition
 11:40 AM: Awards
- American Institute
 - Phenom
 - Dreams Gymnastics
 - Premier
 - Gymnastics Academy of Rockford
 - St. Charles

Session 2B – Level 4

- 8:00 AM: General Stretch
 8:30 AM: Timed Warm-ups
 9:40 AM: Competition
 12:00 PM: Awards
- Arena
 - North Shore
 - Balance
 - Premier West
 - Gymnastics Zone

Session 3A – Level 8

- 12:30 PM: General Stretch
 1:00 PM: Timed Warm-ups
 2:00 PM: Competition
 4:10 PM: Awards
- Balance
 - North Shore
 - Flying High
 - Premier West
 - Gainers
 - Ultimate
 - Gymnastics Spot

Session 3B – Level 6

- 12:30 PM: General Stretch
 1:00 PM: Timed Warm-ups
 2:00 PM: Competition
 4:10 PM: Awards
- Balance
 - Gymnastics Spot
 - Flying High
 - North Shore
 - Gymnastics Academy of Rockford
 - Phenom
 - Premier
 - Dreams Gymnastics
 - St. Charles

Session 4A – Levels 9 & 10

- 4:30 PM: General Stretch
 5:00 PM: Timed Warm-ups
 6:20 PM: Competition
 9:00 PM: Awards
- Level 9**
- American Institute
 - Phenom
 - Balance
 - Premier
 - Flying High
 - Premier West
 - Gymnastics Academy of Rockford
 - St. Charles
 - Ultimate
- Level 10**
- Gymnastics Spot
 - Phenom
 - North Shore
 - St. Charles

Session 4B – Level 6

- 4:30 PM: General Stretch
 5:00 PM: Timed Warm-ups
 6:10 PM: Competition
 8:30 PM: Awards
- American Institute
 - Gymnastics Factory
 - Arena
 - McHenry
 - Elite Sport Complex
 - Premier West
 - Energym
 - Ultimate

Sunday, February 17, 2008

Session 5A – Level 7

8:00 AM: General Stretch
8:30 AM: Timed Warm-ups
9:30 AM: Competition
11:40 AM: Awards

- Aurora Turners
- Flying High
- Gainers
- North Shore
- St. Charles
- Ultimate

Session 5B – Level 5

8:00 AM: General Stretch
8:30 AM: Timed Warm-ups
9:30 AM: Competition
11:40 AM: Awards

- Elite Sports Complex
- Energym
- Gymnastics Academy of Rockford
- McHenry
- Phenom
- Premier West

Session 6A – Level 7

12:30 PM: General Stretch
1:00 PM: Timed Warm-ups
2:00 PM: Competition
4:15 PM: Awards

- American Institute
- Dreams Gymnastics
- Gymnastics Zone
- McHenry
- Phenom
- Premier West

Session 6B – Level 5

12:30 PM: General Stretch
1:00 PM: Timed Warm-ups
2:00 PM: Competition
4:15 PM: Awards

- Balance
- Gymnastics Factory
- Gymnastics Spot
- Premier
- Ultimate

Session 7A – Level 7

4:45 PM: General Stretch
5:15 PM: Timed Warm-ups
6:15 PM: Competition
8:30 PM: Awards

- Balance
- Elite Sports Complex
- Energym
- Gymnastics Academy of Rockford
- Gymnastics Spot
- Premier

Session 7B – Level 5

4:45 PM: General Stretch
5:15 PM: Timed Warm-ups
6:15 PM: Competition
8:30 PM: Awards

- American Institute
 - Arena
 - Dreams Gymnastics
 - Flying High
 - North Shore
 - Schaumburg
 - St. Charles
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